



# Compassion and Justice Ministries

## Visiting and Caring for the Sick:

- **Home Communion Team:** Take communion to those who are homebound on the first Sunday of each month. Steve Person: [srahperson@gmail.com](mailto:srahperson@gmail.com) (Individual)
- **Homebound Visitation Team:** Visit those who are unable to attend services due to their health concerns and limitations. Janet Cable: [jcable@fmconroe.org](mailto:jcable@fmconroe.org) (Individual or Family)
- **Hospital Visitation Team:** Visit members who are in local hospitals. Training is provided. Kay Deuel: [nancykdeuel@hotmail.com](mailto:nancykdeuel@hotmail.com) (Individual)
- **Card Ministry:** Send cards to our home bound members. Doris Melling: [bdmelling@aol.com](mailto:bdmelling@aol.com) (Individual or Family)
- **Sew Sisters:** Sew quilts for those who are ill or in need. Meets the last Tuesday of each month from 9:00am to 11:30am. Debbie McLin: [rick.debbie.mclin@gmail.com](mailto:rick.debbie.mclin@gmail.com)
- **Love Shawl:** Knit or crochet lap blankets for the ill or in need. Meets first Monday of the month at 1:00pm to 2:30pm. Elaine Alderman: [laney44@hotmail.com](mailto:laney44@hotmail.com)
- **Food Ministry:** Help with food for those who have a sick family member. Janet Cable: [jcable@fmconroe.org](mailto:jcable@fmconroe.org)

## Feeding the Hungry:

- **Salvation Army Lunch First Friday Team:** Cook and serve a hot lunch to the homeless and impoverished at our local Salvation Army. Tom Jones: [tajones@cosolidated.net](mailto:tajones@cosolidated.net) (Individual or Small Group)
- **Salvation Army Lunch Third Friday Team:** Cook and serve a hot lunch to the homeless and impoverished at our local Salvation Army. Bruce Guinon: [bruce.guinon@sbcglobal.net](mailto:bruce.guinon@sbcglobal.net) (Individual or Small Group)
- **Salvation Army Lunch Fifth Friday Team:** Cook and serve a hot lunch to the homeless and impoverished at our local Salvation Army. Janet Stilwell: [jstilwell@fmconroe.org](mailto:jstilwell@fmconroe.org) (Individual or Small Group)
- **Community Assistance Center:** Provide funds for rent, utilities and other financial crises. Shelia Templeton: [smtempleton@yahoo.com](mailto:smtempleton@yahoo.com) (Individual)
- **Keep Us Fed:** Pick up food from local restaurants and grocery stores and deliver it to area nonprofits. Training is required. Larry and Mary Blocker: [mandlblocker@gmail.com](mailto:mandlblocker@gmail.com) (Individual)
- **Montgomery Food Bank:** Many opportunities to help organize and distribute food to the hungry in Montgomery County. Dick Gement: [dickgement@hotmail.com](mailto:dickgement@hotmail.com) (Individual or Small Group)
- **Compassion United:** Cook and serve breakfast to the homeless at Conroe House of Prayer. Mike Williams: [mikekwilliams10@gmail.com](mailto:mikekwilliams10@gmail.com) (Individual or Small Group)
- **Family Promise:** Provide food for homeless families who are going through the Family Promise program and staying in local hotels or churches. [www.familypromiseofmc.org](http://www.familypromiseofmc.org) (Family or Small Group)
- **Beans and Rice:** Bring beans and/or rice to the church for the Community Assistance Center Food Pantry on the second Sunday of each month. Mason Ragsdale: [mason.ragsdale@gmail.com](mailto:mason.ragsdale@gmail.com) (Individual or Family)



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## Clothing Those in Need:

- **Community Assistance Center:** Provide clothing to those who are clients of CAC. 1022 McCall Ave. Conroe, Texas 77301 [www.cact-mctx.org](http://www.cact-mctx.org) (Individual or Small Group)
- **Compassion United:** Provide coats for the homeless during the winter months. 115 W. Davis St. Conroe, Texas 77301 [www.compassionunited.us](http://www.compassionunited.us) (Individual or Small Group)
- **Assistance League:** Provide funds for clothing students before school starts. 126 N. San Jacinto St., Conroe, Texas 77301 [www.assistanceleague.org](http://www.assistanceleague.org) (Individual or Small Group)

## Helping Those in Crisis:

- **Red Cross Shelter:** Become a Red Cross volunteer and help host temporary shelters at our church. Dave Lancaster: [lancobcp@outlook.com](mailto:lancobcp@outlook.com) (Individual or Small Group)
- **Texas Annual Conference Mission Center:** Assemble and verify United Methodist Committee on Relief kits. 3765 N Loop 336 East in Conroe. Christine Riggle: [criggle@txcumc.org](mailto:criggle@txcumc.org) (Individual, Small Group or Family)
- **Texas Annual Conference Emergency Response Team:** Trainings to be announced as available. Rev. Janet Stilwell: [jstilwell@fmconroe.org](mailto:jstilwell@fmconroe.org) (Individual or Small Group)

## Advocacy for Children:

- **Ministry in the Schools:** Read with children, provide treats for faculty and staff, greet on special occasions, support literacy and health initiatives at Sam Houston and Reaves Elementary Schools. Tracey Fritsch: [tracey.fritsch@gmail.com](mailto:tracey.fritsch@gmail.com) (Individual, Family or Small Group)
- **Operation Christmas Child:** Put together a “shoebox” of toys and small necessities for children in need around the world. Opportunity occurs in November. Tracey Fritsch: [tracey.fritsch@yahoo.com](mailto:tracey.fritsch@yahoo.com) (Individual, Small Group or Family)
- **Montgomery County Juvenile Services:** Make and serve lunch once a month at the Juvenile Justice Center. Linda Ormand: [atclog@consolidated.net](mailto:atclog@consolidated.net) (Individual or Small Group)
- **Bags of Hope:** Sew bags for children who have been removed from their homes by Child Protective Services. Janet Cable: [jcable@fmconroe.org](mailto:jcable@fmconroe.org) (Individual or Small Group)
- **Compassion United, Destiny Kids:** Bill and Liz Rising [wrising@comcast.net](mailto:wrising@comcast.net) (Individual or Small Group)
- **Conroe ISD Mentor Program:** Become a mentor for an at-risk student [www.conroeisd.net/community/volunteer-in-cisd/](http://www.conroeisd.net/community/volunteer-in-cisd/) (Individual)
- **Yes to Youth:** Provide a meal for the children at the facility who have been temporarily taken from their homes due to court order. Also regularly need other basic resources for particular children such as clothing and toiletries. Please call first to see what is needed at any given time. [www.sayyestoyouth.org](http://www.sayyestoyouth.org) (Individual and Small Group)



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## Advocacy for Children: (continued)

- **Court Appointed Child Advocates CASA:** Advocate for a child in the court system. Training and long term commitment required. [www.casaspeaks4kids.org](http://www.casaspeaks4kids.org) (Individual)
- **Community Partners of Montgomery County, Rainbow Room:** Provide much needed resources for children who have been removed from their home. <http://www.cpmckids.org/rainbow-room.html> (Individual, Family or Small Group)

## Bring Joy and Hope to Those Experiencing Change:

- **Stephen Ministry:** Be a support for those going through difficult transitions and changes in their lives. Anita Natale: [anatale@consolidated.net](mailto:anatale@consolidated.net) (Individual)
- **Food Ministry:** Provide meals for individuals in our congregation who have a new baby or are going through medical challenges. Janet Cable: [jcable@fmconroe.org](mailto:jcable@fmconroe.org) (Individual, Family or Small Group)

## Visit Those in Prison:

- **Kairos:** Participate in many different ways in bringing the good news of God's grace and forgiveness to those who are incarcerated. Joe Wilson: [ajwj8@yahoo.com](mailto:ajwj8@yahoo.com) (Individual or Small Group)

## Help the Homeless:

- **Homeless ID Ministry:** Help those without a permanent address receive necessary identification to help get a job and get necessary care. Requires an ongoing commitment. Tom Jones: [tajones1967@icloud.com](mailto:tajones1967@icloud.com) (Individual)
- **Family Promise:** Provide food and support for homeless families with children as they work to be self-sufficient. [www.familypromiseofmc.org](http://www.familypromiseofmc.org) (Individual, Family or Small Group)
- **Montgomery County Women's Center:** Provide food, support and particular resources for women who are fleeing abusive situations, often with children. [www.mcwctx.org](http://www.mcwctx.org) (Individual or Small Group)
- **Habitat for Humanity:** Work in the ReStore facility in The Woodlands which benefits the building of houses for those who are homeless. [www.habitatmctx.org](http://www.habitatmctx.org) (Individual or Small Group)

## International Opportunities:

- **Living Water International:** Provide fresh water for a village by digging a well and working with the community for better hygiene practices. [www.water.cc](http://www.water.cc) (Small Group)
- **Mission of Hope Haiti:** Organization that exists to bring life transformation to every man, woman and child in Haiti. Various sponsorships are available as well as options for mission trips. [www.mohhaiti.org](http://www.mohhaiti.org) (Individual, Family or Small Group)



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## International Opportunities: (continued)

- **Zoe Empowers:** Help provide the resources for orphans to begin the process of reaching financial security for themselves in third world countries. Sponsorships and travel opportunities are available to take an active role in these transformations. [www.zoeempowers.org](http://www.zoeempowers.org) (Individual, Family or Small Group)
- **Compassion International:** Sponsor a child in a third world country and give them the gift of a better life and the gospel. Travel opportunities are also available. [www.compassion.com](http://www.compassion.com) (Individual, Family or Small Group)