



At-Home Parent Guide

Week 5: Moses and the Exodus

Exodus 29:46

This week we saw how God used Moses to deliver the Israelites out of slavery in Egypt through the ten plagues and the miraculous crossing of the Red Sea. We also learned that God didn't want to just set them free from something. He also wanted to bring them into something wonderful — a life of holiness in which they love God and love their neighbor. This life is most clearly summarized in the Ten Commandments.

OPTION A: Activity

Form pairs. **I want the older person in each pair to try and tell your partner about the best restaurant you've ever been to, but without talking. Ready? God.** Take two minutes to do exercise. **Now let's switch roles. This time I want the younger person in the pair to describe the most fun activity you did last summer, but again without talking.** Take about two minutes. **Good job, everyone!**

- How much did you understand of what your partner tried to communicate to you?
- What sort of frustrations did you have?

Fortunately with God, He knows every thought we have. We are completely understood, and we don't have to be frustrated.

Bible Discussion

In the Bible, there is an interesting story of how the Israelites, God's chosen people, were unhappy about being in the wilderness after Moses had led them out of Egypt. The Israelites did not know what they were going to eat or drink, and they became worried and angry at Moses. Let's see what happens next. Read Exodus 16:11-18 aloud. God had provided food for the Israelites to eat! Even after they complained, God still gave them what they needed.

- Why do you think the Israelites chose to complain and not trust God?
- In the same way God gave the Israelites what they needed, when might kids your age need to trust God to give them what they need?

Life Challenge

God understands you even when no one else can. When you're frustrated that friends, teachers, or parents don't understand you, you can feel good about knowing God does! God knows what is best for you all the time. We can trust God because he knows us best.

CELEBRATE!

Jewish people still celebrate the day God passed over the Israelites' houses as the worst plague fell on the Egyptians. **The Passover celebration is kind of like a Thanksgiving feast.** Jews use it to remember how God freed the Israelites from slavery in Egypt.

Lead your family or friends in this celebration.



- 1 Read Exodus 12:1-30. Pour grape juice for everyone. Lift up your cup, and say: **"Blessed are you, O Lord our God, King of the universe, who creates fruit of the vine."**

Dip parsley (or another veggie) in salt water. Say: **"The salt water reminds us of the tears the Israelites shed in Egypt."**

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- 3 Share lunch meat. Say: **"This meat reminds us of the lamb that was sacrificed to spare the people from the plague of death. It reminds us that Jesus was the lamb who died for our sins."**

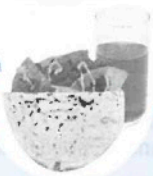


Break apart and share pita bread. Say: **"This flat bread reminds us that the people didn't have time to let their bread rise when they left Egypt."**

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Give everyone a blob of horseradish or mustard. Tell everyone to make sandwiches and eat.



DONE EATING? TALK IT OVER!

- How was your celebration like the Passover celebration God commanded in Deuteronomy 16:1-8?
- How is the lamb in the Passover story like Jesus?
- What do we do to remember and celebrate what Jesus has done for us?