



# FAITH & FAMILY

## At-Home Parent Guide

### Week 3: Humanity & the Fall

#### **Romans 3:23-24, Genesis 3**

Humans are created in the image of God meaning that we are special and can reflect certain characteristics of God. We can think, we can love, we are free to make choices, and we can know right from wrong. However, from the beginning, humans have misused their freedom and made wrong choices. This is called sin. The Bible says that we all have sinned, which disrupts our relationship with God and others. Jesus is the one who rescues us from sin, restores our broken relationship with God, and helps us to live in harmony with others.

### Activity: Get strong in obeying God

When people start an exercise routine, they usually plan a schedule of when they are going to exercise. Tell me what an exercise schedule might look like for someone who wants to be a good baseball player. (Allow time for your children to suggest ideas.)

*Give each person in your family a piece of paper and pencil.*

Today, I want you to plan a schedule of when kids your age might read and study God's Word to become strong in obeying God. (Explain to your kids the different times each week when you read and study God's Word.) Now, think about what things you do in a typical week and list when and where you might hear about, think about, read, study, or memorize God's Word.

*Take about five minutes to complete the activity. Then let family members present their work.*

Those are great ideas for exercising to become strong in obeying God! One of the best times God's Word helps us obey God is when we're tempted to sin—to disobey God. God's Word helps us be strong enough to obey. When Jesus lived on earth, He showed us how important God's Word is in helping us obey.

**Read Luke 4:1-13 aloud.**

### Discuss This

- What did Jesus say was the most important thing to do?
- What helped Jesus obey God when Satan wanted Him to do wrong?
- How can God's Word help you when you are tempted to sin?

If we've been exercising by reading and studying God's Word, we'll be strong enough to obey when we are tempted to sin. This week, plan a way you can exercise and get strong in obeying God.

### **Prayer**

Lord, thank you for giving us the Bible so we can become strong in obeying You. Forgive us when we sin and help us turn to you for help when we are being tempted. In Jesus' name. Amen.

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## **Going the Extra Mile**

This lesson explores some difficult concepts for younger children to grasp. To help your child better grasp the concepts of sin and the forgiveness God offers us in Jesus Christ, read the handouts titled 'Joining God's Family' with your child(ren). The last page has a 4-Step Prayer that you can use to show your child 'How to ask to be God's child.'